



## OPENING YOUR HEART: THE STARTING POINT

LOCATION: St. Thomas Aquinas: Allen Hall (church basement)

TIME: 2017 - 2018

MATERIALS: *THE BIBLE* AND *OPENING YOUR HEART* STUDY GUIDE

Session One	September 14	Lesson 1: Connect Coffee Talk: Four Steps to Walking with Purpose
Session Two	September 21	Lesson 2: Who Is Jesus Christ?
Session Three	September 28	Lesson 3: Why Is Jesus Christ Interested in My Friendship?
Session Four	October 5	Lesson 4: Why and How Should I Pray?
Session Five	October 12	Lesson 5: Connect Coffee Talk: God—First Place in All Things
Session Six	October 19	Lesson 6: Who Is the Holy Spirit?
Session Seven	November 2	Lesson 7: Why Should I Read the Bible?
Session Eight	November 9	Lesson 8: What Is Grace, and What Difference Does It Make?
Session Nine	November 16	Lesson 9: What Are the Limits of Christ's Forgiveness?
Session Ten	*DECEMBER 7* ADVENT LUNCHEON	Lesson 10: Connect Coffee Talk: Your Heart—You Are Captivating
Session Eleven	January 11	Lesson 11: What Does the Sacrament of Penance Have to Do with My Friendship with Christ?
Session Twelve	January 18	Lesson 12: What Does the Eucharist Have to Do with My Friendship with Christ?
Session Thirteen	January 25	Lesson 13: How Do I Conquer My Fears?
Session Fourteen	February 1	Lesson 14: Connect Coffee Talk: Marriage—Transformed by Grace
Session Fifteen	February 15	Lesson 15: What Is the Role of Suffering In My Life?
Session Sixteen	February 22	Lesson 16: What Does Mary Have to Do with My Friendship with Christ?
Session Seventeen	March 1	Lesson 17: Can God Really Change Me or Is That Just Wishful Thinking?
Session Eighteen	March 29	Lesson 18: Connect Coffee Talk: Children—Reaching Your Child's Heart
Session Nineteen	April 5	Lesson 19: What Challenges Will I Face in My Efforts to Follow Jesus More Closely?
Session Twenty	April 12	Lesson 20: What Is the Relevance of the Church in My Life?
Session Twenty-one	April 19	Lesson 21: How Do I Read the Bible in a Meaningful Way?
Session Twenty-two	April 26	Lesson 22: Connect Coffee Talk: Outside Activities—Set the World on Fire